

Date: 13/05/2020

Assessed by: Alison Buttery // The Everyday Equestrian

Review Date: 01/06/2020

Hazard	Who	Risk Rating	Action	New Rating
Coach could transmit the virus to others unknowingly through proximity or surfaces	Client Public	Medium	<ul style="list-style-type: none"> • Maintain Government social distancing guidelines of 2m at all times • If clients or anyone in their household starts to show symptoms of infection with Covid-19, then the lesson will be cancelled • Clients must ensure that they have agreed with their yard owner/manager that external coaches are able to come onto the premisses, prior to the lesson • If clients wish to use polework exercises during the lesson, they should bring all equipment into the arena ready to set up, so that we can minimise handling of equipment and facilities • 1-1 coaching only, although other people may be on the yard. I will not be offering group sessions or clinics until further notice • No lead rein, lunge lessons or beginner rider's requiring extensive physical assistance, until further notice • Riders should be tacked up & mounted in the arena, ready for the start of the lesson where I will meet them • Online payments via BACS wherever possible please, to minimise cash handling • I will not be riding or lunging client's horses until further notice • First Aid procedure will be in place 	Low
Contracting the virus through proximity to clients and the wider public	Coach	Medium	<ul style="list-style-type: none"> • Maintain Government social distancing guidelines of 2m • First Aid procedure in place 	Low

Hazard	Who	Risk Rating	Action	New Rating
Touching surfaces contaminated with the virus & transferring to coach's face/own equipment	Coach	Medium	<ul style="list-style-type: none"> Regular hand washing or sanitiser Disposable gloves will be worn when touching facilities or equipment, prior, during and after the lesson Wherever possible, I will not be assisting with tack or clothing adjustments before, during or after lessons Avoid touching face 	Low
Horses are fresh through reduced workload during lockdown, increasing the risk of accidents and falls	Client	Medium	<ul style="list-style-type: none"> Make enquiries on the horse's management during lockdown, e.g. exercise, turnout, feed regime, etc. Assess the horse's behaviour at the beginning of the lesson. If the horse is behaving in such a way as to show a higher than normal risk to the rider, I will advise the client to cease the lesson and offer guidance on management to improve the horse's behaviour going forwards 	Low
Accidents/Incidents	Client Coach Public	Medium	<ul style="list-style-type: none"> Accident report form completed asap with Covid-19 actions also reported Coach will wear a face mask and gloves to protect the client and themselves, if required to go within 2m to assist with First Aid procedures. Only do so if essential. Riders under 18 years old must be accompanied by a parent or guardian 	Low
Driving to multiple clients	Coach Public	Medium	<ul style="list-style-type: none"> Use pay-at-pump facilities with disposable gloves, when refilling with fuel New PPE for each client Spray boots, wash hands or use hand sanitiser between yards 	Low